NJ Breast Implants Pro Debunks Breast Augmentation Myths

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Edison, NJ (RPRN) 06/25/13 — For those interested in a breast augmentations or a breast lift, chances are they have encountered myths about these procedures that have left them stumped.

"A large segment of our consultations are spent myth-busting," says Dr. Shain Cuber, breast implants NJ specialist.

The nice part about this is that it allows for helpful myth-busting compilations (like the following) to be created and shared:

Myth 1: Women with breast implants can't breast-feed.
False. Complications that interfere with milk production or cause nipple sensitivity are rare and often linked to periareolar incisions and over the muscle implant placement.

Myth 2: Silicone implants are not safe.
False. This year, the United States Food and Drug Administration approved Natrelle 410 silicone implants for augmentation in women 22 and older. These new implants come in many anatomical configurations and are called "gummy bear implants" because of their candy-like texture.

Myth 3: Bigger implants will improve breast sagging.
False. Implants simply increase volume. A separate procedure known as mastopexy (breast lift) is required to improve the laxity, shape and position of sagging breasts.

Mastopexy can be combined with breast augmentation in New Jersey if the patient wants to increase volume and reduce sagging.

Myth 4: Older cannot have breast implants.
False. "There isn't an age limit when it comes to improving your appearance with breast augmentation," says Cuber, one of the top plastic surgeons in NJ.

The only difference change that is typically made to mature woman's breast augmentation compared to that of a 20-something's is the addition of mastopexy to address sagging from aging, weight fluctuation and or pregnancy.

Dr. Andrew Miller

Myth 5: Sub-muscular placement is always best.
False. Sub-muscular placement is better for patients with minimal breast tissue or those who plan to breast-feed, but not everyone.

"If patient has enough body fat, I prefer not disturbing the muscle by placing the implant over it," says Cuber.

Learn More
To learn more about facelift, arm lift or to schedule a consultation at Associates in Plastic Surgery, visit our website or call toll-free at 1-800-924-6397.

About Us
Associates in Plastic Surgery offers the latest advances in plastic surgery with five convenient locations in New Jersey and New York. Their staff of highly experienced professionals is dedicated to their patients' well-being with state-of-the-art facilities and free consultations.

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