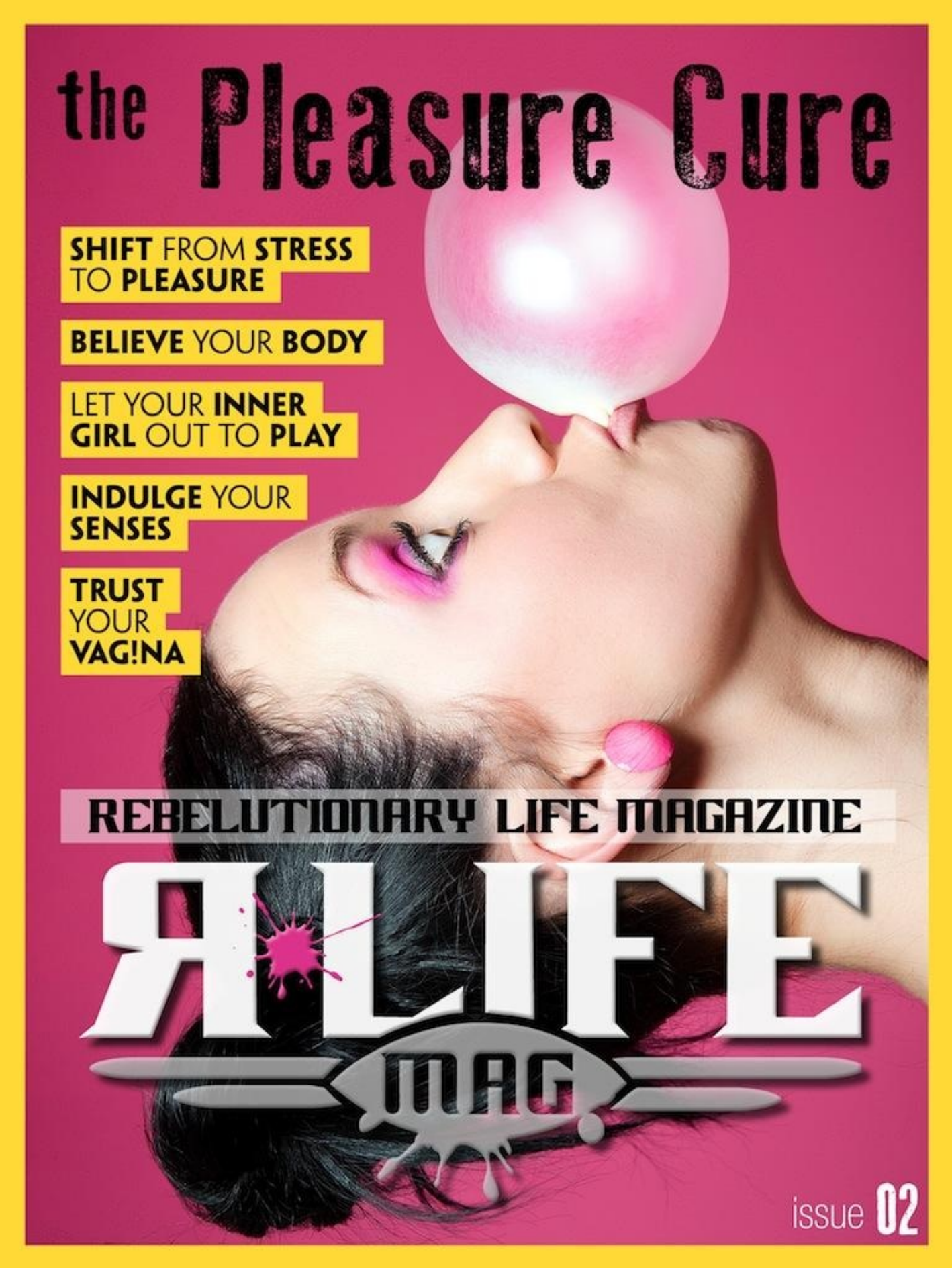
Rebelutionary Life Magazine's new issue uncovers how women use 'Pleasure Cure' to reduce stress, improve health

March 8, 2013



Cover of The Pleasure Cure - Rebelutionary Life Magazine

OTTAWA, CANADA (RPRN) 03/08/13 — While many women are burning out and losing sleep over their weight gain, sad sex life and endless to-do lists, there's a tribe of women who are rising

up and asking you to join their revolution: The Pleasure Revolution.

The new issue of *Rebelutionary Life Magazine* explores how this 'Pleasure Cure' is improving women's lives. It's available worldwide in the Apple iPad Newsstand today, March 8, 2013, to celebrate International Women's Day

Why are women leading a Pleasure Revolution? Because injecting **daily doses of true pleasure** can conquer stress and improve life. All this with surprisingly amazing benefits: Feel more relaxed, slim down without trying, feel sexier and more vibrant, more creative, powerful and energetic... Is this really possible? Many women think so.

"Pleasure is the natural stress buster that helps everything else naturally fall into place," says Anne-Sophie Dumetz, Guest editor of *The Pleasure Cure*, *Rebelutionary Life Magazine*'s newest issue for iPad, available in the Apple Newsstand on March 8, International Women's Day. "There's a growing tribe of modern women who are learning to wield Pleasure to create positive change in their life and world."

***Rebelutionary Life's "Pleasure Cure"* issue is a mind- and eye-opening read that asks you to bump up pleasure as a daily priority.** Although these approaches apply to men, too, the issue explores the growing 'sisterhood' of women who are focusing their work in the culture, mind, body and sexual health fields. It features articles by:

- Regena Thomashauer, also known as #Mama Gena — *The Pleasure Revolution: Where women are tasting freedom*;
- @Daphne Cohn —*#Pleasure: The best damn cure-all out there*
- Anne-Sophie Dumetz — *The Pleasure Shift: Stop culture from screwing you*; and *Wanna Play?: Be a good home to your inner child*
- Sara Gottfried, MD — *Rewiring for Pleasure: Program your brain for pleasure, not stress*)
- Jena la Flamme — *Your Body: Listen to her... she's speaking to you*
- Saida Desilets — *Sensual Pleasure: Saying "Yes" isn't optional*
- Pamela Madsen — *Trust your Vagina: Batteries not required*

Issues of this iPad magazine are available in the Apple Newsstand for $3.99 each or $11.99 (50% savings) for a six-issue subscription.

#yourethereason, #Pleasure #feelgood #happiness #mustread #livehealthy #motivation #women4change #womensday #behealthy #beautiful #women #selfcare & #selflove #selfcare #celebration #empower #iPad #magazine

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Media Contact Name: Brad Kynoch
Media E-mail: info@rebelutionarylife.com
Media Phone: 613-697-5806
Media Web Address: http://rebelutionarylife.com

About the author:

Rebelutionary Life Magazine — Bold ideas for open minds
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Launched in early 2013, Rebelutionary Life Magazine is proudly among the first wave of independent magazines built solely for interactive tablets. Rebelutionary Life peels away the layers of convention, revealing a world of fresh, edgy, enticing ideas that indulge your open mind and adventurous spirit.

Each issue focuses on a different trend or movement that's making waves by defying conventional boundaries and redefining life's possibilities.

Available in the Apple Newsstand Now.

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Rebelutionary Life Magazine (iPad)

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