Ste. Anne's Spa Opens Bakery Specializing in Gluten-Free Options

August 3, 2012

Grafton, ON (RPRN) 08/03/12 — Canada's Favourite Spa Provides Guests with a Gluten and Dairy Free Array of Products

Ste. Anne's Family of Spas is excited to announce the new addition of the Ste. Anne's Marketplace Bakery. The bakery opened on July 19, 2012 and is already becoming a must see for guests and locals alike.

Canada's Favourite Spa found that more and more of their guests were requesting gluten-free meals, in the hopes of lessening the symptoms of Gluten Intolerance, Celiac Disease, Autism Spectrum Disorders, Schizophrenia, Diabetes, Cancer, Lymphoma, Dermatitis Herpetiformis, Thyroid Disease and food allergies or sensitivities. Executive Chef, Christopher Ennew, in collaboration with Ste. Anne's Property Director Jake O'Connor, who has first-hand experience preparing gluten-free meals, have together worked to develop a wide array of gluten-free products which are now served daily at the Inn and made available at Ste. Anne's Bakery.

"As we are specializing in gluten-free baked goods, we wanted to have a facility where we could develop and create these products," said Tina

Abernethy, Executive Assistant to the General Manager. "This opportunity came up and it was in a location that we thought would be fun to have a bakery outlet that was open not only to our guests, but to the public as well."

The bakery specializes in gluten-free products, but they also carry a wide assortment of breads, baguettes, scones, cookies, tarts and muffins all of which are baked fresh daily. They also feature delicious treats such as éclairs and other gourmet items for those with a sweet tooth.

Given the rave reviews so far, Ste. Anne's Spa is already planning on expanding the bakery to offer "meals to go" which will include menu favourites such as the Ste. Anne's Burger and Lasagna. Each is made with our own high quality beef raised on the property that is hormone and antibiotic free. The bakery is another way for guests to take a piece of Ste. Anne's home with them and share the experience with their families.

"It is a great thing for our guests; it allows the experience to continue long after they've checked out," said Abernethy. "They have the opportunity to stop by the bakery and purchase a latte for the drive home, fresh bread and treats for their families, or unique gifts and products from local farms. The best part is that after you have spent that day or night pampering yourself, you can easily pick up some gourmet items for a treat or a lovely meal for your family."

The bakery is open from 11:00 a.m. to 7:00 p.m. Thursday to Monday and is located just 1.5 km South-East from the Main Inn at 252 Academy Hill Road.

For more information on the Ste. Anne's Marketplace Bakery please contact Marijo Cuerrier or Katriona Dean at 905-349-3704 ex 280 or by email at marijo.cuerrier@steannes.com or katriona.dean@steannes.com.

Visit the **Ste. Anne's Newsroom** for more news and events at the #1 Relaxation Spa/Hotel in Canada.

Media Contact Name: Marijo Cuerrier
Media Phone: (905) 349-3704 ext. 280
Media Web Address: http://www.steannes.com/bakery.html
Company Contact Name: Ste. Anne's Newsroom
Company Web Address: http://www.steannes.com/news-room.html

About the author:

Since 1985, Ste. Anne's Spa has catered to the needs of its guests by creating an inviting and comfortable environment that focuses on rejuvenating your body and soul. The Main Inn and Ontario Spa Cottages are nestled across over 400 acres of scenic, rolling countryside; each uniquely appointed accommodation features its own style and amenities. More than 35 rejuvenating spa treatments revitalize and soothe the senses while our culinary team creates scrumptious cuisine which delights the palette.

Filed Under: BREAKING NEWS, CANADIAN NEWS, Health and Fitness, Lifestyle, PRESS RELEASE

RUSH PR NEWS newswire and press release services at rushprnews.com / Anne Howard annehowardpublicist.com

Content- Legal Responsibility - All material is copyrighted - You may repost but you MUST link back to the original post on your page and acknowledge Rush PR News as the news source. Rush PR News is not legally and/or morally responsible for content of press releases, opinions expressed or fact-checking.

Rush PR News cannot be held legally responsible for material published and distributed through its newswire service or published in its press-room and therefore cannot be sued for published material. Third-party must be contacted directly to dispute content.

Rush PR News is not the contact for material published.