

Tis the Season for Vein Removal and Liposuction in Manhattan

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MANHATTAN, NEW YORK

([RPRN](#)) 01/01/13 — Heat and UV rays are like Kryptonite to the success of [vein removal](#) surgeries. That's why winter is the ideal time to remove unwanted veins.



"Most people don't think about their unsightly veins until summer when it's time to reveal them in swim trunks or a bikini," says Dr. Elliot Heller, who is also one of the [best breast surgeons](#) in Manhattan.

Exposure to heat and the sun's rays puts patients who've had vein removal procedures at risk for vasodilation and hyperpigmentation.

The goal of vein removal procedures is to collapse veins so the body can absorb them. Heat increases blood flow and can cause veins to vasodilate- or widen- potentially reversing the results of vein removal procedures. Taking hot baths and sitting too close to space heaters can be just as risky as hot summer weather.

UV rays can cause hyperpigmentation- skin darkening- at the treatment site. Patients with darker skin tones have a greater risk of hyperpigmentation than those with fair skin.

"It's the visibility of veins that causes patients to pursue treatment," says

Heller, a [liposuction Manhattan](#) surgeon. "Since hyperpigmentation can last up to a year, most of my patients wait until the temptation to frolic in the summer sun has passed before seeking treatment."

Here is a closer look at two procedures that provide effective vein removal:

Sclerotherapy involves injecting a solution into veins that causes them to become inflamed and collapse. The prick from the hair-thin needle is the only pain most people experience. Some improvement is instant and continues for six months or even up to a year in some cases.

Laser therapy using the IPL - intense pulsed light- laser sends pulses of light beneath the skin, which damage and seal the veins. Unfortunately, using IPL lasers on darker complexions is risky.

By waiting until winter, patients can allow their body to heal under the cover of their winter wardrobe.

Learn More

To learn more from [plastic surgen Manhattan](#) about smart liposuction or [facelifts](#), visit www.AssociatesinPlasticSurgery.com or call toll-free at 1-800-924-6397.

About Us

Associates in Plastic Surgery offers the latest advances in plastic surgery with five convenient locations in New Jersey and New York. Their staff of highly experienced professionals is dedicated to their patients' well-being with state-of-the-art facilities and free consultations.

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