Weight Loss Yoga Class by Franz Andrini is Now at YogaCurious

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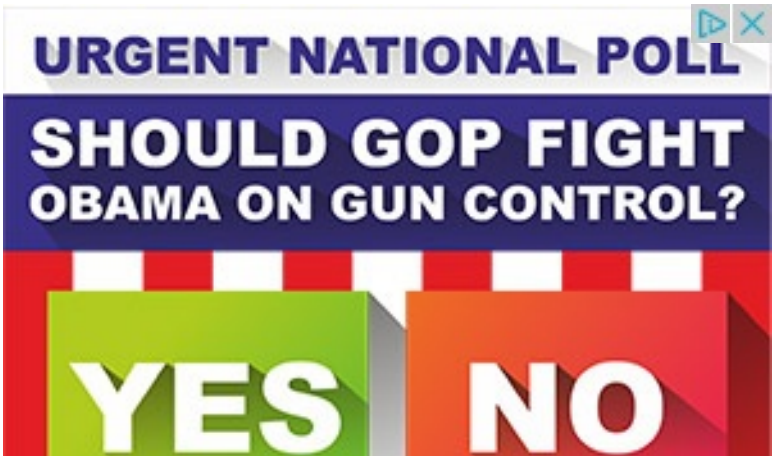
Weight Loss Yoga Class

Los Angeles, Calif. (RPRN) 08/06/13 — We have great news for avid yoga lovers who are looking for best wegith loss online yoga class. Your favorite yoga website YogaCurious.com, seller of all things yoga, recently tied up with yoga guru (of weight loss), **FranzAndrini**, to endorse his especially designed weight loss yoga course, *Slimmer in 60 days*. This amazing *Slimmer in 60 days* online course is a comprehensive understanding of yoga therapy.

The yoga course is not your usual fitness class that requires the pumping and stretching of various muscles to induce weight loss or slimness. Rather, it focuses on traditional yogic therapy i.e. the building up of metabolic fire, *Jatharagni*, and the expansion of life-air, *Pranayama*. Both are manipulated to induce the detoxification of tissue and inner organs, leading to the 'safe' reduction of weight.



Slimmer in 60 days video course leads you through four 15-days yoga sequences. It also provides instructions for those who wish for a more thorough and prolonged practice.

The video course is not the only thing accessible to you; with the purchase of the ***Lotus Membership***, you also get the support of *Yogapedia's* e-books. These e-books, Yoga Therapy (*Yoga Chikitsa*), The Secrets of Yoga (*Yoga Rahasya*) and The Kitchen of Yoga are constantly being developed and new articles are added in periodically. In addition, the course offers real time support in the Forum, where you can ask Franz questions *and* interact with other members. You also have the option of personal consultations and classes on Skype.

The blog, *Detox, Slim, Lose Weight* is freely available to those interested in weight loss, detoxification and health in general.

What are you waiting for? Visit YogaCurious slimmer in 60 days yoga class page and learn more to enroll for this rare weight loss yoga class by Franz Andrini.

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Yetta is a sales and digital marketing head at YogaCurious.com, a leading website offering best yoga products and fitness equipments from leading brands along with deals. She loves practicing yoga and published various articles in this category.

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